

Family Activity (groups two or more)



The Story of Your Name

Everyone has a story related to your name.

Some of us are named after a favorite relative, a close family friend, or perhaps even someone famous. Our middle names are significant too.

For this activity, parents share the story of their own names, and if they haven't already, share the story of how their children's names came to be.

To take it a step further, share the stories of grandparents, aunts, uncles, and other family member's names.

Find out and construct the rich history of your family names.

This game was adapted and used by permission from
Jim Cain's book, [Find Something to Do!](#)